## Simple linear regression

Patrick Breheny

January 18

Patrick Breheny BST 760: Advanced Regression

### Introduction

- Today's lecture/lab is about fitting a regression line to a scatter plot of data, also known as *simple linear regression*
- This is interesting both by itself and as a precursor to multiple linear regression

## Pearson's height data

- Statisticians in Victorian England were fascinated by the idea of quantifying hereditary influences
- Two of the pioneers of modern statistics, the Victorian Englishmen Francis Galton and Karl Pearson were quite passionate about this topic
- In pursuit of this goal, they measured the heights of 1,078 fathers and their (fully grown) sons
- Introducing standard regression notation, we have n = 1,078 pairs of observations  $\{x_i, y_i\}$ , in which  $x_i$  is the height of the father in family i, and  $y_i$  is the height of the son

## Importing the data

- All the data sets for this class will be provided in a tab-delimited format
- In R, such files can be read in via pearson <- read.delim("pearson.txt")</li>
- In SAS, you can import the data through File → Import Data; when it asks you for the data source, select "Tab Delimited File (.txt)" from the drop-down menu

# Plotting the data

• In R, the data can be plotted with either plot(pearson\$Father,pearson\$Son) or

```
attach(pearson)
plot(Father,Son)
```

 In SAS, the data can be plotted via PROC SGPLOT DATA=Pearson; SCATTER X=Father Y=Son; RUN;

## Scatter plot of Pearson's height data



Observations about the scatter plot

- Taller fathers tend to have taller sons
- The scatter plot shows how strong this association is there is a tendency, but there are plenty of exceptions

## Simple linear regression

- Simple linear regression aims to draw a line through those points which
  - Approximates the average height of the sons, given the heights of their fathers
  - Can be used to predict a son's height, given the height of his father
  - Can be used to draw conclusions about the heredity of height
- The regression line, like all lines, has an equation of the form

$$y=\alpha+\beta x$$

# Fitting the regression line

• However, the heights of fathers and sons clearly do not fall exactly on a line; there are *random errors*:

$$y_i = \alpha + \beta x_i + \epsilon_i$$

- Note that  $x_i$  and  $y_i$  are observed, while  $\alpha$ ,  $\beta$ , and  $\{\epsilon_i\}$  are not
- The parameters of interest are α and β; *i.e.*, we are interested in obtaining the estimates â and β, which in turn determine the regression line

## Fitted values and residuals

- $\bullet\,$  Suppose we use the regression line to predict  $y_i$
- The resulting prediction is called the *fitted value*:

$$\hat{\mu}_i = \hat{\alpha} + \hat{\beta}x_i$$

(this quantity is also called the "predicted value", though this is potentially a little misleading, as you're not really "predicting"  $y_i$ , since you've already observed it)

• The amount by which each fitted value differs from the observed value  $y_i$  is called the *residual*:

$$r_i = y_i - \hat{\mu}_i$$

#### The method of least squares

- We want a regression line that fits the data well (*i.e.* does a good job of passing through the average y for a given x)
- Regression lines are fit by minimizing the *residual sum of squares*:

$$RSS = \sum_{i} r_i^2$$

(we will discuss the justifications for this in a moment)

Proposition: The values {â, β̂} which minimize the residual sum of squares are given by

$$\hat{\alpha} = \bar{y} - \hat{\beta}\bar{x}$$
$$\hat{\beta} = \frac{\sum (y_i - \bar{y})(x_i - \bar{x})}{\sum (x_i - \bar{x})^2}$$

Obtaining least squares estimates in R/SAS

- These estimates can be obtained via
  - In R:

lm(Son~Father)

• In SAS:

PROC REG; MODEL Son = Father; RUN;

• They both yield the estimates  $\hat{\alpha} = 33.9$ ,  $\hat{\beta} = 0.514$ 

Reproducing these estimates manually

These estimates can also be obtained manually using the solution that we derived earlier:

```
x <- pearson[,1]
y <- pearson[,2]
xx <- x - mean(x)
yy <- y - mean(y)
beta <- sum(xx*yy)/sum(xx^2)
alpha <- mean(y) - beta*mean(x)</pre>
```

Adding the regression line to the plot

Let's add the regression line to the plot:

• In R:

abline(alpha,beta)

• In SAS:

PROC SGPLOT; REG X=Father Y=Son; RUN;

## The regression line for Pearson's height data



Father

#### There are two regression lines

- When we regress y on x, we are predicting y based on x not the other way around
- This matters, because the outcome and explanatory variables are not interchangeable with respect to estimation:

$$\frac{\sum (y_i - \bar{y})(x_i - \bar{x})}{\sum (x_i - \bar{x})^2} \neq \frac{\sum (y_i - \bar{y})(x_i - \bar{x})}{\sum (y_i - \bar{y})^2}$$

• We obtain different lines, and different predictions, depending on which variable is chosen as the outcome

### The two regression lines



### Justifications for least squares

- The original justification for least squares was that it was convenient to work with:  $\sum r_i^2$  is differentiable, whereas, for example,  $\sum_i |r_i|$  is not
- An additional justification is that if  $y_i$  follows a normal distribution,  $\hat{\alpha}$  and  $\hat{\beta}$  are the maximum likelihood estimates:

$$l(\alpha,\beta) \propto -\sum (y_i - \alpha - \beta x_i)^2$$

• A further justification, which we discuss in more detail later in the course, is that the method of least squares produces the best (*i.e.* minimum variance) linear unbiased estimator of  $\alpha$  and  $\beta$ 

## Regression and correlation

- There is an intimate connection between regression and correlation
- Given the regression line, you can calculate the correlation, and vice versa
- Letting r denote the correlation coefficient and  $s_x^2 = \frac{1}{n}\sum (x_i \bar{x})^2$ , we have

$$\hat{\beta} = r \frac{s_y}{s_x}$$

# Regression and correlation (cont'd)

• Furthermore, substituting this expression into  $y=\alpha+\beta x,$  we have

$$\frac{y-\bar{y}}{s_y} = r\frac{x-\bar{x}}{s_x}$$

- This neat little equation summarizes quite nicely the interplay between regression, correlation, and standardized variables
- Also note that because  $r \in [-1,1]$ , this equation places a bound on the slope of the regression line

## The regression and SD lines



Father

### Simple vs. multiple regression

- A "simple" regression equation has on the right hand side an intercept, a single explanatory variable, and single slope
- A *multiple regression* equation has several explanatory variables, each with its own slope
- Before we study multiple regression, we will need to develop some matrix algebra tools, which is what we will do in our next lecture