

You can use Screencasts to create short or long movies and tutorials for your classes and your staff!

Some of them can be downloaded for free for 30 days.

Jing: <http://www.jingproject.com> – for Mac and Windows FREE

CamStudio: <http://camstudio.org> – for Windows and Mac OS 10.5.6

Adobe captive 4: <http://www.adobe.com/products/captivate/productinfo/product-demos/screen-recording-software/>

Screen Flow: <http://screenflow.en.softonic.com/mac> -for Mac

I use Camptasia: www.camtasia.com

Screencasts for Moodle that you can use with your trainees:

<http://tomazlasic.net/moodle/moodle-tutorials-2-minute-moodles/>

<http://video.google.com/videosearch?q=moodle#>