

(CLAS:1600:0EXW) **LIFE DESIGN - Assignment Checklist**

Grading Criteria:

Journal assignments (9)	27 pts. (3 pts. ea)
Questions (8)	16 pts. (2 pts. ea)
Assignments (3)	9 pts. (3 pts. ea)
<u>"From Here to There" Paper (1)</u>	<u>25 pts.</u>
Total:	77 points

All assignments **must** be turned in by due date (see below)

Grading Scale:

A=100-90%

B=89-80%

C=79-70%

D=69-60%

F=<60%

Pluses and minuses will be applied to grades.

IMPORTANT Note: The list below reflects **only** the assignments that are turned in. It is the expectation that all readings, films, exercises, etc. will be completed per the "Schedule of Assignments", and integrated into the experience.

Weeks One and Two

_____ **QUESTION #1:** Do you have a plan for your life? If so, what is it? What people and circumstances have influenced it? Does the plan draw from personal passions, practicality, or both? (Short answer)

_____ **JOURNAL ASSIGNMENT #1:** Add Your Commandment (Minimum length: Half a page)

_____ **JOURNAL ASSIGNMENT #2: Dedicate Your Education** (Minimum length: Half a page)

All assignments due by Friday, August 31, 2018, 4:30 pm CST (Deposit on ICON)

Weeks Three and Four

_____ **QUESTION #2:** How do you make decisions for your life? Are they more often for fundamental or instrumental reasons? Give an example. (Short answer)

_____ **ASSIGNMENT #1:** Pick two disciplines you think you might like to major in and answer the following question for each: **“Why does the world need (fill in the blank)?”** This is very different than asking, “How much money does it pay? Or “What kind of jobs will be available?” (Minimum length: Half a page)

_____ **JOURNAL ASSIGNMENT #3: Goals** (Minimum length: One page)

All assignments due by Friday, September 14, 2018, 4:30 pm CST (Deposit on ICON)

Weeks Five and Six

_____ **QUESTION #3:** “If I could select anyone in the world to learn from, who would I pick, and what would I ask?” (Short answer)

_____ **JOURNAL ASSIGNMENT #4: Create a “Mentor Map”** (Minimum length: One page)

All assignments due by Friday, September 28, 2018, 4:30 pm CST (Deposit on ICON)

Weeks Seven and Eight

_____ **QUESTIONS FOR ANDY #4:** After watching the profile piece, what questions would you like to ask Andy Stoll? Please submit three possibilities, and Andy will respond to the ten best questions from the class. Andy’s answers will be forwarded to everyone. (Three questions)

_____ **JOURNAL ASSIGNMENT #5: Return to the starting point** (Minimum length: One page)

All assignments due by Friday, October 12, 2018, 4:30 pm CST (Deposit on ICON)

Weeks Nine and Ten

_____ **QUESTIONS FOR DAN #5:** After watching the documentary, what questions would you like to ask Dan Gable? Please submit three possibilities, and Dan will respond to the ten best questions from the class. Dan’s answers will be forwarded to everyone. (Three questions)

_____ **QUESTION #6:** When does persistence become delusion? Has there been a time when you wish you had worked harder? (Short answer)

_____ **JOURNAL ASSIGNMENT #6: Do Over!** (Minimum length: One page)

All assignments due by Friday, October 26, 2018, 4:30 pm CST (Deposit on ICON)

Weeks Eleven and Twelve

_____ **ASSIGNMENT #2:** Write a brief biography about yourself, and then analyze. (Minimum length: One page)

_____ **ASSIGNMENT #3: (Further instructions, ASSIGNMENT #2 continued):** After you have completed your biography, look at the words you used. Does the language express positive emotions, or are they more deadpan? (Short answer)

_____ **QUESTIONS FOR NATE #7:** After watching the profile piece, what questions would you like to ask Nate Staniforth? Please submit three possibilities, and Nate will respond to the ten best questions from the class. Nate's answers will be forwarded to everyone. (Three questions)

_____ **JOURNAL ASSIGNMENT #7: The Secret Good Deed** (Minimum length: One page)

All assignments due by Friday, November 9, 2018, 4:30 pm CST (Deposit on ICON)

Please note that classes close for Thanksgiving recess on Sunday, November 18th and resume on Monday, November 26th

Weeks Thirteen and Fourteen

_____ **JOURNAL ASSIGNMENT #8: Take a long view on your life.** (Minimum length: One page)

All assignments due by Friday, November 30, 2018, 4:30 pm CST (Deposit on ICON)

Week Fifteen

_____ **QUESTIONS #8:** Do you ask yourself the “eternal questions”—or do you avoid them? What gives your life meaning? (Short answer)

_____ **JOURNAL ASSIGNMENT #9: Say Thanks** (Minimum length: One page)

“From Here to There” Paper

INSTRUCTIONS: Drawing from the videos, journal assignments, and exercises, describe what resonated most with you, and how you see your life moving forward. (Minimum length: Three pages)

All assignments due by Friday, December 7, 2018, 4:30 pm CST (Deposit on ICON)